November Community Newsletter

Tips for Living, Laughing and Loving Your Apartment Life

(540) 213-0234

Big Sky

FUN APARTMENT

Pumpkin Lover's Smoothie

Place one cup ice, 1/2 c. pumpkin puree, ½ ripe banana, ¾ c. vanilla yogurt, 1 tbsp. honey, ½ tsp. pumpkin pie spice and ¼ tsp. vanilla extract in a blender. Puree until the mixture is smooth and the ice is completely crushed. Enjoy for breakfast, a snack, or dessert!

Important Information

Management

Park Properties Management Co, LLC

Community Manager

Lisa Bryant

November

National Alzheimer's Disease Month

Birthstone - Flower

Topaz - Chrysanthemum

November Events

Toys for Tots - Friendsgiving

APARTMENT LIVING TIP

Hustle & Bustle

Fall brings us cooler weather and people start to enjoy all the festivities our city has to offer. We want you to be safe during this time of year with all the hustle and bustle. Always be aware! When walking to and from your car, always be ready and have your keys out. Make it a habit to lock your car doors—even when you are making a quick pit stop. This is the time of year you may have a prowler look in your car and see your purse or packages. Don't make it easy for them to get into your car. Keep these tips in mind when you are out and about enjoying the fall and winter season.

MY QUESTION

What Can't I Put in the Garbage Disposal?

Having a garbage disposal in your apartment is convenient. But remember – garbage disposals are not meant to handle all types of food waste. Avoid putting these items in your garbage disposal:

- Bones
- Coffee grounds
- Egg shells
- Fruit and vegetable peels, seeds and pits
- Oils
- Pasta
- Rice

FUN FACT: The 5 most popular ways to serve leftover turkey is as a sandwich, in stew, chili or soup, casseroles and as a burger.

COMMUNITY TIP

Be Good to Your Neighbors This Holiday Season

You and I both know that neighbors truly put up with a lot. Whether it's noise, slamming doors, a barking dog, mud tracks in the breezeway, or a poorly parked vehicle. We know you put up with it to be understanding and to be polite to them. Just remember sometimes it is noise or situations that cannot be controlled. You may think that you never do anything to bother your neighbor, but I bet that there are others that feel the same way you do... and we all know that isn't always the case. It could be your alarm going off through the wall or the smell wafting over from the pizza you cooked as a midnight snack. Whatever it may be, let them know you appreciate them. So this holiday season, take some time to tell you neighbor thanks for putting up with you.

While we are on the topic of neighbors, if you are having guests over during the holidays for dinner or to celebrate a bowl game, be sure and be considerate of your next door neighbors when it comes to noise levels. They may not want to hear how excited you get when your favorite college football team scores a touchdown against the other team! Make sure the guests know the rules of quiet hours and guest parking locations.

Bottom line: Be nice to your neighbors! Take them some cookies, savory snacks or a card. If you don't know your neighbors...holidays can be lonely for some and this would be a great time to get to know them.

APARTMENT LIVING TIE

Tips for Less Holiday Stress

The holidays are a great opportunity to spend time with family and friends. But let's face it — the last couple months of the year can be pretty stressful too. Here are a few tips to help you keep stress in check this holiday season.

- Don't overcommit. Decide what's important to you and avoid taking on any additional obligations. Remember, it's okay to say no!
- Ask for help. For example, if you're planning a holiday get-together, ask everyone to bring a dish rather than preparing everything yourself.
- Take a time out. It's wonderful to be surrounded by family and friends, but allow enough time for yourself to relax, unwind, and do the things you enjoy.

Take a deep breath, and enjoy the holiday season!

Big Sky Calendar - November 2022						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Rent Due	2 Nat'l Deviled Egg Day	3 Toy Drive Begins	4 Exterminations - 400-500 Bldgs	5 Nat'l Bison Day
6 Daylight Savings Time Ends	7 Job Action Day	8 Smoke Detector Testing - Inspections 300 Bldg	9 Smoke Detector Testing- Inspections 400 Bldg	10 Smoke Detector Testing - Inspections 500 Bldg	11 Veterans Day Office Closed	12 Nat'l Chicken Soup for the Soul Day
13 World Kindness Day	14 Nat'l Pickle Day	15 Smoke Detector Testing - Inspections 1000 Bldg	16 Nat'l Fast Food Day	17 Smoke Detector Testing - Inspections 1100 Bldg	18 Exterminations 1000-1100 Bldgs Friendsgiving	19 Nat'l Play Monopoly Day
20 Nat'l Peanut Butter Fudge Day	21 Nat'l Stuffing Day	22 Nat'l Cranberry Relish Day	23 Nat'l Expresso Day	24 Thanksgiving Day - Office Closed	25 Black Friday - Office Closed	26 Small Business Saturday
27 Nat'l Bavarian Cream Pie Day	28 Cyber Monday	29 Nat'l Day of Giving	30 Nat'l Mousse Day			