

# May Community Newsletter

Tips for Living, Laughing and Loving Your Apartment Life

(540) 213-0234

## How to Meet Your New Neighbors

At our community, we try to create a special environment for our residents, a place where you can hopefully make lots of friends and enjoy good times with your neighbors. We know it can be a bit daunting to meet new people. So, to help you break the ice with your neighbors, we've put together some helpful tips!

### ~ Take Advantage of Our Amenities

Go swimming or lay out at the pool. Hit the gym. Or maybe take your computer and work in one of our communal areas. These are all great spots to meet your fellow residents.

### ~ Introduce Yourself

Sounds simple, right? But too often, we feel awkward saying hello to others and scamper by without looking up. Next time, take a moment to greet your neighbors and introduce yourself.

### ~ Attend Our Events

Keep an eye out for announcements about community events, such as happy hours or holiday get-togethers, hosted by us or residents.

## How to Paws-itively Pet Proof Your Apartment

Is your roommate covered in fur? If so, you're not alone. According to recent studies, more than 70 percent of apartment residents own pets. And while we absolutely love having your furry roomies in our community, we do suggest the following to protect your apartment as well as your belongings from pet-related damage.

### For Cats

~ Provide an adequate number of clean litter boxes. Felines are very fastidious. So, if their litter box is dirty, they may refuse to use it.

~ Invest in scratching posts. Cats need to scratch. So, if you don't want them damaging your furniture or other items in your apartment, you'll need to provide them with plenty of scratching posts.

~ Tie up blind cords. Cats love to play with dangling cords. So, tie any cords up out of their reach.

### For Dogs

~ Use baby gates and crates. If your dog tends to misbehave while you're gone, your best bet is to crate them or use gates to limit their movement.

~ Hire a walker. A tired dog is a good dog. So, make sure to provide your pup with plenty of exercise during the day.

~ Discourage chewing. If your dog is gnawing on carpeting or furniture, try spraying the area with an anti-chew spray.

## Healthy Chia Seed Pudding

Almond Milk - 1/2 cup, (other high fat brands)

Chia Seeds - 2 tbsp

Pumpkin Seeds - 2 tbsp

Vanilla Extract - 1 tsp

Sea salt pinch

Brazil Nuts - 3

1. Fill a sealable jar with almond milk, chia seeds, vanilla extract, and salt. Mix and place in refrigerator.
2. Ideally, leave to thicken for at least 30 minutes or over night. (May also be immediately consumed.)
3. Add 3 Brazil nuts and 1 tablespoon of pumpkin seeds when serving.
4. Optional: 2 tablespoons of unsweetened cocoa powder and 1/2 tablespoon of erythritol (Swerve) for a sweet chocolate flavor, or 1 handful of mixed berries.

## Important Information

### Management

Park Properties Management Co, LLC

### Community Manager

Lisa Bryant

### May

Mental Health Awareness Month

### Birthstone - Flower

Emerald - Lily of the Valley

### May Events

Walking Taco Lunch- Nurse and LEO Appreciation

**FUN FACT: Laika, a mixed-breed dog, was the first living being in orbit. She was launched on the Soviet Union's Sputnik 2 mission in November 1957.**

# Live for the buzz!

## How Do I Ask My Apartment Management for a New Appliance?

Inevitably, even the best appliances can break down or have an issue. If you are experiencing ongoing issues with an appliance, you may be eligible for a replacement item. But before you ask for a replacement unit, you'll want to do the following!

### ~ Call Our Maintenance Team

Before replacing an appliance, we would first attempt to repair it. If our maintenance team is unable to fix your appliance or it fails repeatedly, the unit may need to be replaced.

### ~ Check Your Lease

If your appliance is defective or has stopped working because of age, you may be entitled to a new device. But if your appliance was damaged due to misuse, you may be responsible for paying for a replacement.

### ~ Put Your Request in Writing

If you believe your appliance needs to be replaced, send us an email or type up a document that details the issues with your current appliance -- including how many times it has broken down and what occurred. Please also discuss the reasons why you believe your current unit is not fixable.

## Tips for Creating an Indoor Garden in Your Apartment

Studies have found that indoor plants can reduce your stress levels and improve the quality of the air in your home. Plants can also add beauty and color to your apartment. All great reasons why you should plant your own indoor garden. To help you do just that, check out these following tips!

### ~ Assess Your Lighting Situation

Many plants require at least several hours of sunlight to thrive. So, if your apartment doesn't have windows or just a few, you'll want to choose plants that will be fine with low light. Another alternative? Invest in a grow light, which is relatively inexpensive.

### ~ Keep Your Lifestyle in Consideration

Do you enjoy traveling a lot or have an active work/play life? Then you'll want to choose plants that require very little care, such as succulents.

### ~ Try a Hydroponic Garden

If you're interested in growing some small vegetables, such as cherry tomatoes or herbs, consider investing in a home hydroponic gardening unit, which can cost as little as \$65. These units come with their own grow lights and are an easy way to have an indoor garden.

## Big Sky Calendar - May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Rent Due	<b>2</b> Foster Care Day	<b>3</b> Garden Meditation Day	<b>4</b> Star Wars Day	<b>5</b> Exterminations 400 - 500 Bldgss Cinco de Mayo Walking Taco Lunch	<b>6</b> Nurses Day
<b>7</b> Lemonade Day	<b>8</b> Student Nurse Day	<b>9</b> Inspections 400 Bldg	<b>10</b> School Nurse Day	<b>11</b> Eat What you Want Day	<b>12</b> Bagel Friday begins at 9:30 am	<b>13</b> Apple Pie Day
<b>14</b> Happy Mother's Day!	<b>15</b> Chocolate Chip Day	<b>16</b> Inspections 500 Bldg	<b>17</b> Walnut Day	<b>18</b> Visit Your Relatives Day	<b>19</b> Exterminations 1000 - 1100 Bldgs	<b>20</b> Armed Forces Day
<b>21</b> Waitstaff Day	<b>22</b> Solitaire Day	<b>23</b> Inspections 1000 Bldg	<b>24</b> Inspections 1100 Bldg	<b>25</b> Wine Day	<b>26</b> Road Trip Day	<b>27</b> Grape Popsicle Day
<b>28</b> Hamburger Day	<b>29</b> Memorial Day- Office Closed	<b>30</b> Creativity Day	<b>31</b> Smile Day			