

Big Sky

Tips for Living, Laughing and Loving Your Apartment Life

Apartment Buzz Alert December

APARTMENT TIP

Holiday Exercise Tips

Holidays typically equal hectic schedules and high calorie events. Don't be tempted to take a holiday from healthy living - instead find creative ways to enjoy the season and stay fit. Here are some fun tips for getting exercise while celebrating the holidays with friends and family.

Plan events with family and friends around activities like bowling, skating or computer game system competitions instead of meals.

Dancing is great exercise and keeps you away from the food.

Walk or bike ride to your events.

Squeeze in short 15 to 20 minute workout sessions twice a day.

Live in a snowy climate? Shoveling snow is a serious workout.

Shopping means walking especially if you park at the back of the parking lot.

Extended Info Resident Referral

Stop in and find out how to save \$250!

Management

Park Properties Management Co, LLC

FUN APARTMENT

New Year Resolution to be Green

Looking for a progressive resolution for 2018? Resolve to make one green living change each month in 2018. Mark the 12th day of each month with your green tactic for that month and then celebrate by having your own little "Green Living Party" on 12-12-18.

Start in January by going from paper or plastic shopping bags to re-useable shopping bags, in February switch to natural cleaning products like a diluted vinegar solution to clean your wood and tile floors - and in March switch to CFL bulbs in all your lights. Just type "making green living changes" into your search criteria online and you'll find numerous sites that offer great advice. At the end of the year, you may find that your green living adds up to savings, too.

Seasonal Recipe

Peppermint Hot Cocoa

Oatmeal is the perfect, nourishing start to a winter day, but it's not always the breakfast food you crave. To make your cold-weather breakfast healthy and tasty, try maple bacon oatmeal. Just prepare one cup of oatmeal (even instant) as you usually would, then crumble and stir in one strip of cooked bacon. Drizzle maple syrup over the top and enjoy a tasty, hot breakfast that's packed with fiber.

Fun Fact: The largest candy cane ever made was 51 feet long.



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COMMUNITY TIP

Can I refer a friend?

Yes, we love resident referrals! We are glad to hear that you are happy in our community and enjoy telling your friends and family members about your experience.

Often the best neighbors are the ones that our residents choose. Simply call, email or drop by your community's leasing office to recommend a friend or learn more about our resident referral program.

MY QUESTION

Welcoming Long-term Guests

Please remember that long-term guests may need to be added to your lease. Stop by the leasing office to inform us of your friend or family member who is staying for the holiday season and beyond.

It is important to know who is living in our community - especially for safety reasons. Check your lease for rules regarding how long a visitor can stay before he or she needs to be added to your lease. Thanks for your cooperation!

Big Sky Calendar - December, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Rent Due Water/Sewer Due	2 Rent Due Water/Sewer Late
3 Rent Due	4 Rent Due	5 Rent Due	6 Rent Late	7	8	9
10	11	12 Make a Gingerbread House Day! Last day to collect Toys for Tots!	13 Holiday Brunch 10:30 am - 1:30 pm	14	15 Office Closed for Corp. Event	16
17	18 Exterminations/ Inspections 600, 700, 1000 & 1100 Bldgs	19 Inspections 1000 & 1100 Bldgs	20	21 Winter Begins!	22	23 Office Closed for Holiday
24 Office Closed for Holiday	25 Office Closed for Holiday	26	27	28	29	30 Office Closed for Holiday
31						