

# Your Community

Tips for Living, Laughing and Loving Your Apartment Life

*Apartment Buzz Alert January*

## APARTMENT TIP

### Something New for the New Year

January isn't just about resolving to exercise more often or to save more money in the coming year. It's a time for all kinds of positive change!

When you take down the holiday decorations this year, don't just leave it at that: think about what changes would help you enjoy life in your apartment more in the coming year. Whether that means making better use of space with closet organizers, letting more light in, adding splashes of a new color to your décor or rearranging the furniture, resolve this year to make your home life just a little more comfortable or colorful. Invest a little time early this year to make your surroundings everything you want them to be, and you'll enjoy the results for many days to come.

## Important Info:

## Seasonal Recipe

### New Twists on PB&J

Few foods are more nostalgic than a peanut butter and jelly sandwich. While there is always a place for a classic PB&J, why not switch it up a bit? Swap out the bread for a tortilla. Replace the jelly with some real berries or bananas. Add in some honey or chocolate. The combinations are only limited by your imagination!

## FUN APARTMENT

### Slow Down to Sanitize

It's the time of year when germs seem to be everywhere, and many of us take extra precautions like carrying hand sanitizers and wiping down surfaces with anti-bacterial cleaners. Nobody wants to get sick, but those extra efforts may not help unless you follow instructions. Experts tell us that anti-bacterial cleaners take time to work...and that most of us don't give them time to do their job. Depending on the cleaner and the surface, you may have to scrub or let it stand on the surface for 30 seconds to four minutes in order to get the germ-killing benefits you're looking for.

To guard against colds and flu this season and ensure that your efforts don't go to waste, make sure to read instructions to make the most of those products. And remember that sanitizers aren't a magical cure: it's also important to make sure you get enough sleep, eat healthy and protect yourself in other ways throughout cold and flu season.

Fun Fact: Approximately 45% of American adults make New Year's resolutions each year.



# Live for the apartment buzz!

## COMMUNITY TIP

### How do I deal with noisy neighbors?

Whether your neighbor has a barking dog, likes to play loud music or has a late-night bookshelf building habit, don't assume that he or she doesn't care about bothering you. Begin with the assumption that your neighbor simply doesn't realize how loud his activities are or doesn't know that you're home during the time he's making all that racket. While you always have the option of calling us, a conversation with the offending neighbor should be your first resort. Don't make that first conversation a confrontation; start out with a friendly, "I'm sure you don't realize how the sound carries from your apartment," or "You probably don't know this, but your dog barks quite a bit while you're at work during the day."

If you start out friendly, you can always be more assertive or resort to other options like contacting the rental office later, but if you start out angry there's no going back. If things don't change after that first conversation, speak with your neighbor a little more strongly-but still respectfully. Let him or her know that the noise is really bothering you and ask very clearly that he or she stop, turn it down, build his bookcases earlier in the evening or whatever would fix the problem. If the problem persists, contact us-but you might be pleasantly surprised when you start out with a reasonable chat with your noisy neighbor.

## MY QUESTION

### Continue the Cheer

During the holidays, many people are more friendly and outgoing than usual, but that sense of community doesn't have to end with the new year and the return to business as usual. Decide to carry that holiday cheer forward and make it last all year!

During those post-holiday days, make a special effort to smile and say hello, to hold the door for a neighbor or to offer a compliment. You may be surprised how much difference these simple gestures make in your relationships with your neighbors. They may even make a difference in the atmosphere of your whole community, smiles are contagious and those friendly gestures may spread. A strong sense of community will improve everyone's living experience!

## Big Sky Calendar - January, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Rent is Due/Water & Sewer Due	<b>2</b> Rent is Due	<b>3</b> Rent is Due	<b>4</b> Rent is Due	<b>5</b> Rent is Due	<b>6</b> Rent is Late!
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b> Exterminations for buildings 100, 200, 300, 1200 & 1300	<b>20</b>
<b>21</b> Squirrel Appreciation Day!	<b>22</b> Inspections for buildings 100, 200 & 300	<b>23</b> Inspections for buildings 1200 & 1300	<b>24</b> Soup & Chili Cook-off 6-8 pm	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b> Blue Moon & Total Lunar Eclipse - Check it out!			