

Your Community

Tips for Living, Laughing and Loving Your Apartment Life

Apartment Buzz Alert March

APARTMENT TIP

Bring Spring Inside!

Living in an apartment doesn't mean that you have to miss out on the fun of brightening up your surroundings for spring. You may not be planting flowers in the front yard or growing vegetables out back, but there are plenty of opportunities to bring a little springtime life into your apartment home.

Container gardens allow for options to suit nearly any apartment layout and personal taste. Whether that means growing your own herbs and spices in decorated jelly jars in your kitchen or putting together a larger container with miniature landscaping for the balcony, you can create your own living décor this spring. And though you might start gardening for the spring, remember that the flexibility of container gardening may allow you to keep those blooms or edibles alive indoors throughout the year.

COMMUNITY TIP

Fake it 'Til You Feel It?

We've all heard "fake it 'til you make it", but it turns out that we can influence our own perceptions and feelings just as easily as we can those of other people. Feeling down? Just try smiling. You might not feel like it when you start out, but smiling provides a host of benefits to the body and mind: scientists believe it lowers blood pressure, reduces stress, boosts your immune system and releases serotonin and pain-killing endorphins.

Research shows that if you keep smiling, you just might find your actual mood improving. It works the other way, too - people who were inhibited from frowning or making facial expressions conveying disgust reported lower levels of negative emotions than those in similar circumstances who freely showed their unhappiness or disgust on their faces.

Important Information

Resident Referral

Stop in and find out how to save \$250!

Management

Park Properties Management Co, LLC

Seasonal Recipe

Mint Shake

Celebrate St. Patrick's Day with a refreshing green mint shake. Place 2 cups ice cream, ¼ cup whole milk, ½ teaspoon peppermint extract, ½ teaspoon pure vanilla extract, and 3 or 4 drops green liquid food coloring in a blender and blend until smooth. Pour into two glasses, top with whipped cream and sprinkles, and enjoy!

Fun Fact: St. Patrick wasn't Irish and wasn't born in Ireland.



Live for the apartment buzz!

FUN APARTMENT

I'm Going on a Trip - What Do I Need to Consider?

When you're preparing to travel, there are certain things you know immediately that you'll need to do, such as making arrangements for your pets and ensuring that sure all the doors and windows are locked. Some things that aren't quite so obvious, though, can have a big impact on your homecoming. For example, in your hurry to prepare for your trip, you might not think to check the refrigerator and fruit bowls for items that won't last until your return and then take the trash out - but you might come home to an unpleasant odor if you don't take the time to clean those things out. And you'll want to re-set your temperature controls so that you're not running up your utility bills keeping your apartment at the perfect temperature while you're not there to enjoy it.

If you're going to be gone for more than a few days, consider having the post office hold your mail and stopping any newspaper subscriptions or other deliveries that might occur in your absence. Make sure to unplug your small appliances like iron and coffee pot - not only will this save you some worries once you've hit the road, but it will save energy since electricity keeps flowing even when a device isn't in use. And finally, you may want to let your property manager know the dates you'll be away, and if someone will be coming in to water plants or care for your pets.

MY QUESTION

Keep Your Eyes on the Road... Err...Sidewalk

It seems like we're all busy, busy, busy these days and pushed to multi-task no matter where we are and what we're doing. But if we're all multi-tasking at the same time in the same place, it can be a recipe for disaster. As you're walking through your parking garage or across the courtyard or up the staircase in your apartment building, remember that there are a lot of other people coming and going at the same time - and they might also have their eyes and their minds on something besides the path they're walking.

That text or email will wait until you get inside, and you may even meet a few neighbors in the hallway when your attention isn't divided. Surely you'd rather greet your neighbors as you pass than literally run into them!

Big Sky Calendar - March, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Water/Sewer & Rent Due	2	3
4	5	6	7	8	9	10
11 Daylight Savings Time Begins!	12	13	14	15	16 Exterminations 600, 700, 1000 & 1100 Buildings	17 Happy St. Patrick's Day!
18	19 Inspections 600 & 700 Bldgs	20 Inspections 1000 & 1100 Bldgs Spring Begins!	21	22 Big Sky Postcard sent w/Resident Appreciation events	23	24
25 Mark your calendar for this weeks events...	26 Resident Appreciation Week Begins...	27 ...	28 ...	29 ...	30 Last day of Res Appreciation	31