

January Community Newsletter

Tips for Living, Laughing and Loving Your Apartment Life

APARTMENT LIVING TIP

5 Tips for Sticking to Your New Year's Resolutions

Did you make a New Year's resolution? Whether you vowed to run a marathon or save more money in 2023, these tips can help you stick to it.

- Be specific. Instead of saying you want to be healthier in 2023, resolve to pack a healthy lunch five days each week or replace your daily soda with water.
- Put it in writing. Write down your resolution on a piece of paper. Then, put that piece of paper somewhere where you'll see it often, like on the bathroom mirror or the bulletin board next to your computer.
- Make it public. Don't keep your resolution a secret! Tell your family and friends about it so they can offer their support and encouragement. You may even find that one of your loved ones has a similar resolution, and you can work to hold each other accountable.
- Track your progress. Keep a journal of your progress. Seeing how far you've come will encourage you to keep going.
- Go easy on yourself. Did you vow to hit the gym three days per week but only make it twice last week? Don't let one slip-up completely derail your resolution. Instead, dust yourself off and get back on the wagon next week.

FUN APARTMENT

4 Easy Ways to Update Your Bathroom

Bored with the look of your bathroom but don't want to break the bank to redecorate? Here are four ideas to quickly, easily and affordably update the look of your bathroom.

- Swap Out Your Shower Curtain - Find a shower curtain in a new color, pattern or texture to give your bathroom an instant makeover.
- Clean the Counter - Cutting back on clutter will make the room look more polished and make it easier to wipe down surfaces at the end of the day.
- Freshen Up with Flowers - Pick up a small floral arrangement for your counter to make your bathroom look fancy.
- Update your Linens - January is historically the best month to buy towels for bargain prices. Use this opportunity to treat yourself to a new set of matching towels.

SEASONAL RECIPE

Pear & Gorgonzola Pizza

- 1 (16 oz.) package refrigerated pizza crust dough
- 4 oz. sliced provolone cheese
- 1 Bosc pear, thinly sliced
- 2 oz. chopped walnuts
- 2 1/2 oz. Gorgonzola cheese, crumbled
- 2 tbsp. chopped fresh chives

Preheat oven to 450 degrees F. Place pizza crust dough on a medium baking sheet. Layer with Provolone cheese. Top cheese with Bosc pear slices. Sprinkle with walnuts and Gorgonzola cheese.

Bake in the preheated oven 8 to 10 minutes, or until cheese is melted and crust is lightly browned. Remove from heat. Top with chives and slice to serve.

Important Information

Management

Park Properties Management Co, LLC

Community Manager

Lisa Bryant

January

Glaucoma Awareness

Birthstone - Flower

Garnet-Carnation

January Events

Cookie Exchange - Craft Night- Wellness Wagon

Fun Fact: Approximately 45% of American adults make New Year's resolutions each year.



Live for the buzz!

COMMUNITY TIP

Meeting New People in Your Apartment Community

A great way to make yourself feel at home in your apartment community is to make friends with the people living around you. But how do you go about meeting the people in your complex? Here are some simple tips.

- Be Friendly - The next time you're taking out the trash and notice a new face, say hi and introduce yourself. When you go to check your mail, chat up the person who is also checking their mail. You may be surprised how quickly bonds can form.

- Be Active - The list of amenities that drew you to the apartment in the first place is a great way to meet the people that live in your complex. For example, when you go to the community gym, leave your headphones at home and strike up a conversation with the person on the treadmill next to you.

The friendlier you are, the quicker you will make friendships that may even last a lifetime!

MY QUESTION

Why should I get renter's insurance?

If you're renting an apartment, townhome, or condo you'll need an insurance policy to cover your belongings.

Many people assume they are covered by their landlord's policy or they underestimate the value of their personal items.

Another often overlooked reason is liability. If someone is injured in your home, they could sue you.

Renter's insurance policies are affordable so be sure to take advantage and protect your belongings, yourself, or someone else.

Big Sky Calendar - January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Rent Due Happy New Year!	2 Cream Puff Day Office Closed	3 Chocolate Covered Cherry Day	4 Trivia Day	5 Bird Day	6 Exterminations 100, 200, 300 Bldgs	7 Tempura Day
8 Argyle Day	9 Apricot Day	10 Inspections 100 Bldg	11 Inspections 200 Bldg	12 Inspections Partial 300 Bldg	13 Peach Melba Day	14 Dress Up Your Pet Day
15 Bagel Day	16 Martin Luther King Jr Day - Office Closed	17 Hot Buttered Rum Day	18 Inspections 800 Bldg	19 Inspections 900 Bldg	20 Exterminations 800 - 900 Bldgs	21 Hugging Day
22 Blonde Brownie Day	23 Pie Day	24 Compliment Day	25 Irish Coffee Day	26 Cookie Exchange - Craft Night	27 Chocolate Cake Day	28 Blueberry Pancake Day
29 Puzzle Day	30 Croissant Day	31 Hot Chocolate Day				