

# January Community Newsletter

Tips for Living, Laughing and Loving Your Apartment Life

## APARTMENT LIVING TIP

### 5 Tips for Sticking to Your New Year's Resolutions

Did you make a New Year's resolution? Whether you vowed to run a marathon or save more money in 2023, these tips can help you stick to it.

- Be specific. Instead of saying you want to be healthier in 2023, resolve to pack a healthy lunch five days each week or replace your daily soda with water.
- Put it in writing. Write down your resolution on a piece of paper. Then, put that piece of paper somewhere where you'll see it often, like on the bathroom mirror or the bulletin board next to your computer.
- Make it public. Don't keep your resolution a secret! Tell your family and friends about it so they can offer their support and encouragement. You may even find that one of your loved ones has a similar resolution, and you can work to hold each other accountable.
- Track your progress. Keep a journal of your progress. Seeing how far you've come will encourage you to keep going.
- Go easy on yourself. Did you vow to hit the gym three days per week but only make it twice last week? Don't let one slip-up completely derail your resolution. Instead, dust yourself off and get back on the wagon next week.

## FUN APARTMENT

### 4 Easy Ways to Update Your Bathroom

Bored with the look of your bathroom but don't want to break the bank to redecorate? Here are four ideas to quickly, easily and affordably update the look of your bathroom.

- Swap Out Your Shower Curtain - Find a shower curtain in a new color, pattern or texture to give your bathroom an instant makeover.
- Clean the Counter - Cutting back on clutter will make the room look more polished and make it easier to wipe down surfaces at the end of the day.
- Freshen Up with Flowers - Pick up a small floral arrangement for your counter to make your bathroom look fancy.
- Update your Linens - January is historically the best month to buy towels for bargain prices. Use this opportunity to treat yourself to a new set of matching towels.

## SEASONAL RECIPE

### Pear & Gorgonzola Pizza

- 1 (16 oz.) package refrigerated pizza crust dough
- 4 oz. sliced provolone cheese
- 1 Bosc pear, thinly sliced
- 2 oz. chopped walnuts
- 2 1/2 oz. Gorgonzola cheese, crumbled
- 2 tbsp. chopped fresh chives

Preheat oven to 450 degrees F. Place pizza crust dough on a medium baking sheet. Layer with Provolone cheese. Top cheese with Bosc pear slices. Sprinkle with walnuts and Gorgonzola cheese.

Bake in the preheated oven 8 to 10 minutes, or until cheese is melted and crust is lightly browned. Remove from heat. Top with chives and slice to serve.

## Important Information

### Management

Park Properties Management Co, LLC

### Community Manager

Lisa Bryant

### January

Glaucoma Awareness

### Birthstone - Flower

Garnet-Carnation

### January Events

Cookie Exchange - Craft Night- Wellness Wagon

**Fun Fact: Approximately 45% of American adults make New Year's resolutions each year.**



# Live for the buzz!

## COMMUNITY TIP

### Meeting New People in Your Apartment Community

A great way to make yourself feel at home in your apartment community is to make friends with the people living around you. But how do you go about meeting the people in your complex? Here are some simple tips.

- Be Friendly - The next time you're taking out the trash and notice a new face, say hi and introduce yourself. When you go to check your mail, chat up the person who is also checking their mail. You may be surprised how quickly bonds can form.

- Be Active - The list of amenities that drew you to the apartment in the first place is a great way to meet the people that live in your complex. For example, when you go to the community gym, leave your headphones at home and strike up a conversation with the person on the treadmill next to you.

The friendlier you are, the quicker you will make friendships that may even last a lifetime!

## MY QUESTION

### Why should I get renter's insurance?

If you're renting an apartment, townhome, or condo you'll need an insurance policy to cover your belongings.

Many people assume they are covered by their landlord's policy or they underestimate the value of their personal items.

Another often overlooked reason is liability. If someone is injured in your home, they could sue you.

Renter's insurance policies are affordable so be sure to take advantage and protect your belongings, yourself, or someone else.

## Big Sky Calendar - January 2023

| Sunday                                  | Monday                                                    | Tuesday                                     | Wednesday                         | Thursday                                      | Friday                                            | Saturday                           |
|-----------------------------------------|-----------------------------------------------------------|---------------------------------------------|-----------------------------------|-----------------------------------------------|---------------------------------------------------|------------------------------------|
| <b>1</b><br>Rent Due<br>Happy New Year! | <b>2</b><br>Cream Puff Day<br>Office Closed               | <b>3</b><br>Chocolate Covered<br>Cherry Day | <b>4</b><br>Trivia Day            | <b>5</b><br>Bird Day                          | <b>6</b><br>Exterminations 100,<br>200, 300 Bldgs | <b>7</b><br>Tempura Day            |
| <b>8</b><br>Argyle Day                  | <b>9</b><br>Apricot Day                                   | <b>10</b><br>Inspections 100 Bldg           | <b>11</b><br>Inspections 200 Bldg | <b>12</b><br>Inspections Partial 300<br>Bldg  | <b>13</b><br>Peach Melba Day                      | <b>14</b><br>Dress Up Your Pet Day |
| <b>15</b><br>Bagel Day                  | <b>16</b><br>Martin Luther King Jr<br>Day - Office Closed | <b>17</b><br>Hot Buttered Rum Day           | <b>18</b><br>Inspections 800 Bldg | <b>19</b><br>Inspections 900 Bldg             | <b>20</b><br>Exterminations 800 -<br>900 Bldgs    | <b>21</b><br>Hugging Day           |
| <b>22</b><br>Blonde Brownie Day         | <b>23</b><br>Pie Day                                      | <b>24</b><br>Compliment Day                 | <b>25</b><br>Irish Coffee Day     | <b>26</b><br>Cookie Exchange - Craft<br>Night | <b>27</b><br>Chocolate Cake Day                   | <b>28</b><br>Blueberry Pancake Day |
| <b>29</b><br>Puzzle Day                 | <b>30</b><br>Croissant Day                                | <b>31</b><br>Hot Chocolate Day              |                                   |                                               |                                                   |                                    |